

2018-19 Dress Code & General Information

Welcome to the 2018-19 Season!

ALL CLASSES

Watches, dangling earrings, bracelets and necklaces are not allowed in the studios. In order to protect the dance flooring and the students dancing in bare feet, there is a strict policy of **NO STREET SHOES ON THE DANCE FLOORS**. Students dancing barefoot should cover their feet until they reach their classroom. Proper grooming is the first step in learning the self-discipline necessary for the art of dance.

Parents please note:

All ballet slippers should be checked by the teacher at the first class before they are sewn or worn.

TWIRLING TOTS/ MY FIRST DANCE CLASS

Children Loose, comfortable clothing, no street shoes.
 Caregiver As for children.

CREATIVE MOVEMENT / FIRST STEPS CREATIVE

Children may wear a black leotard (any plain style without visible logos or rhinestones), bare legs or footless tights, bare feet OR a white T-shirt, plain coloured shorts, bare feet.

BALLET (Pre-Junior Ballet to Cecchetti Standard 4/5 and TED Ballet)

Hair All students must wear their hair well secured away from the face. Long hair should be worn in a bun, hair too short for a bun should be worn in two small pigtails behind the ears and very short hair should be pulled back with a headband, black or matching the student's hair colour. Any barrettes used must blend in with the hair colour. Bun kits are available in the main office for \$4.

Girls Black leotard (any plain style without visible logos or rhinestones), pale pink tights (Mondor style 319 are recommended), pale pink ballet slippers (leather or canvas) with pink elastics.
 Pink leg warmers are to be worn only at the beginning of class or in the case of injury with permission of the teacher. Crossover black warm-up sweaters are permitted at the beginning of class.
 Pointe shoes must be worn in pointe classes.

Boys White or black T-shirt with black tights or black tights, black dance belt as needed, black slippers with black socks or white slippers with white socks.

TED CONTEMPORARY

Hair Well secured away from the face; neck should be visible.
 Boys & Girls Close fitting stretch pants and a close fitting top or a leotard and footless tights. No baggy T-shirts or sweatpants please! Contemporary classes are danced in bare feet.

HIP HOP

Hair Pulled up away from face and neck
 Boys & Girls Loose, comfortable clothing to dance in. No Jeans. Indoor running shoes. (NO OUTSIDE SHOES)

JUNIOR JAZZ

Hair Pony tail, pulled up away from face and neck
 Girls Black or navy leotard, black footless tights. Slip-on style beige leather jazz shoes.
 Boys White or black T-shirt with black shorts or black tights. Slip-on style black leather jazz shoes.

TRADITIONAL CHINESE DANCE

Hair Pony tail, pulled up away from face and neck
 Girls Black leotard, pink tights or leggings, close fitting top, pink ballet slippers.
 Boys close fitting stretch pants and a close fitting top, black ballet slippers.

BEGINNER HIGHLAND DANCE

Students Shorts, close fitting T-shirt, knee socks and ballet slippers.

GENERAL INFORMATION

The School of Dance is located at 200 Crichton Street, at the corner of Dufferin Road. Use the Vanier Parkway exits from the Queensway. For students travelling by bus, the #9 stops on Crichton Street, one corner down from The School. Other buses that stop at or near the intersection of Beechwood (a three block walk) and Mackay are the #6, #7 and #19.

- All students should arrive at The School a minimum of 15 minutes before class time, so that he or she will be physically and mentally prepared for the class. Due to the possibility of injury without proper warm-up, latecomers may be asked to observe the class. Students arriving late should change quickly and report to their teacher. The teacher will then decide to allow the child to join in or observe based on SAFETY.
- Parents of students missing classes for any reason are requested to call into the office. Classes that are missed may be made up during the term. Classes are not transferable between terms or between school years.
- For health reasons, may we recommend that students be allowed cool-down time after classes, particularly in the winter when temperature changes are so radical. Also, it is preferable for students not to wear their dance attire to and from The School.
- If of sufficient length, hair must be worn off the face and neck for all classes, and worn in a bun for all ballet classes.
- Jewellery, including dangling earrings, watches and necklaces, are dangerous in a classroom situation and are therefore not allowed.
- Coloured nail polish is not permitted in classes.
- Please be sure that all dance wear is in good repair and has your student's name in it for easy identification.
- Wrap around sweaters and leg warmers are allowed for warm up before the class; these must be removed as class begins.

PLEASE OBSERVE THE FOLLOWING RULES OF THE SCHOOL...

- 200 Crichton Street is a no smoking building.
- Gum and junk food are prohibited in The School.
- For allergy reasons – Please no peanuts or nuts of any kind on the premises of The School of Dance.
- The use of digital recording devices including cell phones with cameras and video capability is strictly prohibited at all times.
- Please respect the staff and other students and keep all noise to a minimum. REMEMBER...when you are having a break, other people may be working in the office or the studios!
- The School reserves the right to ask disruptive individuals to leave the premises and/or not to serve a customer.
- The School is not responsible for lost articles. All lost items will be held in the Lost and Found until the last day of the month.
- Please do not leave any valuables in the dressing room. Take items into the studios with you or leave them at home.
- A pay phone is located at the Avon Lane entrance of the building.
- Please put all garbage into the containers provided.
- There will be periodic fire drills or tests throughout the year.
- There will be two official Open House weeks. One taking place in October, the next in February-March. Under special circumstances, observation of classes at other times may be arranged through the office.

IN ADDITION...

- Cold fruit juices and granola bars may be purchased from the office.
- A grocery store, coffee shops and restaurants can be found on Beechwood Avenue, 3 blocks from The School.
- The School has a medical/first aid kit, ice packs and a sewing kit for **emergency purposes only**. Students dealing with chronic injuries are asked to provide their own supplies. Ice packs can be kept in the freezer in the Green Room. Please make sure you label your items to avoid confusion.
- If necessary, students should have a supply of Band-Aids for feet and toes.
- Three-hour street parking is available throughout the neighbourhood surrounding The School. Please do not park behind the building on Avon Lane or in the church parking lot. The loading zone in front of The School is designated for pick up and drop off only.

Term 1: **Monday, September 17th, 2018 to Sunday, December 9th, 2018**

Term 2: **Monday, January 7th, 2019 to Sunday, June 2nd, 2019**

No Classes: **October 8th (Thanksgiving), October 31st (Halloween), December 10th – January 6th (Holiday Break), February 18th (Family Day), March 11th – 17th (March Break), April 19th – April 22nd (Easter), May 18th – 20th (Victoria Day Weekend)**