

**2022-23 Season: Monday, September 19, 2022 to Sunday, June 4, 2023**

Class sizes in The School are small and entry/exit protocols will be in place to maintain social distancing

**REGISTRATION IS LIMITED AND ON A FIRST COME FIRST SERVED BASIS**

**TERM 1 of 4 Terms: Monday, September 19, 2022 to Sunday, November 13, 2022**

No Classes: Monday, October 10 (Thanksgiving)

**For in-person classes, the attached must be signed and returned to The School before the first class.**

Scans/faxes/photographed signatures will be accepted.

We continue to require all students 5 years old and over to be fully COVID vaccinated,  
 as defined by the age of the registering student, to participate in in-person classes at The School of Dance.

Everyone must be masked to enter the building and during class.

Only students may enter the building. The School will contact you to confirm class choice(s) and to confirm registration.

Classes at HOME ON-LINE				Day	Start Time	End Time	Teacher	Term 1 Fee
<input type="checkbox"/>	Adult Elementary Ballet OL			Monday	6:00pm	7:15pm	Makimura	\$120.00
<input type="checkbox"/>	Adult Elementary 2 Ballet OL			Wednesday	6:00pm	7:15pm	Makimura	\$140.00
<input type="checkbox"/>	Pilates Plus OL			Monday	11:00am	12:00pm	Kyle	\$120.00
<input type="checkbox"/>	Pilates Plus OL			Wednesday	12:00pm	1:00pm	Kyle	\$140.00
<input type="checkbox"/>	Seniors Fall Proof OL (Class Dates: Sept 20-Nov 29, 2022)			Tuesday	9:00am	10:00am	Kyle	N/C
Classes In-Person/Synchronous (Join an in-person class from HOME)				Day	Start Time	End Time	Teacher	Term 1 Fee
<input type="checkbox"/>	Adult Beginner 2 Ballet (S)	<input type="checkbox"/> On-line	<input type="checkbox"/> In-person (FULL)	Tuesday	7:15pm	8:30pm	Brooks	<b>In-Person-FULL</b>
<input type="checkbox"/>	Adult Elementary Ballet (S)	<input type="checkbox"/> On-line	<input type="checkbox"/> In-person	Monday	6:30pm	8:00pm	Brooks	\$240.00
<input type="checkbox"/>	Adult Beginner 2 Jazz (S)	<input type="checkbox"/> On-line	<input type="checkbox"/> In-person	Monday	8:00pm	9:00pm	Brooks	\$240.00
<input type="checkbox"/>	Special Adult Elem/Inter Contemporary Technique & Creation Project (S) (Class Dates: Sept 16, 23 & 30, 2022)	<input type="checkbox"/> On-line	<input type="checkbox"/> In-person	Friday	5:30pm	7:00pm	Jack	\$90.00
Classes at The School of Dance				Day	Time	End Time	Teacher	Term 1 Fee
<input type="checkbox"/>	Adult NEW Beginner Ballet			Monday	7:45pm	9:00pm	Makimura	<b>FULL</b>
<input type="checkbox"/>	Adult Beginner Ballet			Tuesday	6:00pm	7:15pm	Brooks	<b>FULL</b>
<input type="checkbox"/>	Adult Elementary Ballet			Saturday	9:00am	10:30am	Makimura	<b>FULL</b>
<input type="checkbox"/>	Adult Elementary Choreography			Saturday	10:45am	12:15pm	Makimura	\$270.00
<input type="checkbox"/>	Adult Brown Bag Ballet			Friday	12:00pm	1:00pm	Horikawa	\$225.00
<input type="checkbox"/>	Adult Intermediate Ballet			Tuesday	6:15pm	7:45pm	Makimura	<b>FULL</b>
<input type="checkbox"/>	PLUS Adult Intermediate Jumps and Turns (Follow-on class to Intermediate Ballet or Advanced Ballet)			Tuesday	7:45pm	8:30pm	Makimura	<b>FULL</b>
<input type="checkbox"/>	Adult Intermediate Ballet			Thursday	6:15pm	7:45pm	Makimura	<b>FULL</b>
<input type="checkbox"/>	PLUS Adult Intermediate Pointe (This is a follow-on to Intermediate Ballet)			Thursday	7:45pm	8:30pm	Horikawa	<b>FULL</b>
<input type="checkbox"/>	Adult Intermediate/Advanced Ballet			Saturday	10:45am	12:15pm	Horikawa	<b>FULL</b>
<input type="checkbox"/>	PLUS Inter/Advanced Choreography (Follow-on to Adult Inter/Adv Ballet)			Saturday	12:15pm	1:00pm	Horikawa	<b>FULL</b>
<input type="checkbox"/>	Adult Advanced Ballet			Tuesday	6:15pm	7:45pm	Horikawa	\$270.00
<input type="checkbox"/>	PLUS Advanced Pointe and Variations (Follow-on class to Adult Advanced Ballet)			Tuesday	7:45pm	8:30pm	Horikawa	\$140.00
<input type="checkbox"/>	Adult Intermediate/Advanced Lyrical			Thursday	7:30pm	8:45pm	Fridgen	\$260.00
Classes for Seniors				Day	Time	End Time	Teacher	Term 1 Fee
<input type="checkbox"/>	Dance is BEST Ballet for Seniors			Wednesday	12:00pm	1:00pm	Brooks	\$80.00
<input type="checkbox"/>	Hands of Time Seniors/Parkinson's Choreography (Classes taught at The School of Dance; Class Dates: Sept 26-Nov 21, 2022)			Monday	11:00am	12:00pm	Shepertycki	N/C
<input type="checkbox"/>	Connecting with Dance for people with Parkinson's (Seated classes taught at MacKay United Church; Class Dates: Sept 20-Dec 6, 2022)			Tuesday	1:00pm	2:00pm	Shepertycki	N/C
<input type="checkbox"/>	Trellis Up! Seniors/Parkinson's (Standing classes taught at The School of Dance; Class Dates: Sept 22-Dec 8, 2022)			Thursday	1:30pm	2:30pm	Shepertycki	N/C

**Private coaching classes, for students who wish to have individualized work, either in person or on-line, can be arranged by contacting Fern Villeneuve, Director of Client Services, [fern@theschoolofdance.ca](mailto:fern@theschoolofdance.ca).**

**Please read, complete form, sign waiver/conditions and submit to [registrar@theschoolofdance.ca](mailto:registrar@theschoolofdance.ca).**



STUDENT LAST NAME: \_\_\_\_\_ STUDENT FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ PROVINCE: \_\_\_\_\_ PC: \_\_\_\_\_

TEL: \_\_\_\_\_ EMAIL: \_\_\_\_\_

MEDICAL INFORMATION TO BE KEPT ON FILE: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ TEL: \_\_\_\_\_

DATE OF BIRTH (MM/DD/YYYY): \_\_\_\_\_ (Only for students under the age of 18)

STUDENT'S COVID IMMUNIZATION STATUS: 1<sup>st</sup> DOSE  2<sup>nd</sup> DOSE  3<sup>rd</sup> DOSE  4<sup>th</sup> DOSE

**Signature Required Below for Entry to In-Person Classes  
Registration and Release of Liability and Assumption of Risk  
\*\*Please review before signing\*\***

I hereby acknowledge that I or my student wishes to attend classes at The School of Dance, 200 Crichton Street, Ottawa, ON, K1M 1W2 (The School). I confirm that I am, or my student is, fully vaccinated (as defined by the age of the registering student) with one of the recommended COVID-19 inoculation sets. I, or my student will provide/show a copy of the vaccination certificate if asked.

I acknowledge that The School has provided information on their sanitization and safety procedures including social distancing measures. The School has also taken steps to ensure that any persons that work at The School are aware of and will comply with the new protocols. Students and staff will be asked to confirm their health status each time they enter The School.

I acknowledge and accept that there is a risk that I or my student could be exposed to COVID-19 while attending The School.

In consideration of The School agreeing to accept me or my student in classes, I agree to release The School, their officers, directors, employees, agents and volunteers (the "Releasees") from any and all causes of action, claims, demands, requests, damages or any recourse whatsoever in respect of any personal injuries or other damages which may occur or arise as a result of exposure to COVID-19 during a visit to The School.

I do hereby acknowledge and agree that notwithstanding the generality of the foregoing, I declare that I will not commence litigation or otherwise seek to recover damages or other compensation against the Releasees based on any action, claim, demand, request, loss or any recourse whatsoever arising from any potential or actual exposure to COVID-19 while attending The School and further acknowledge that the Releasees can rely on this Release of Liability and Assumption of Risk as a complete defence to any and all claims, damages, causes of action, or recourse or liability that may arise at any time. I have carefully reviewed this Release of Liability and Assumption of Risk and acknowledge that I fully understand the terms as set out above. I acknowledge that I am signing this Release of Liability and Assumption of Risk voluntarily.

PRINT Student Name: \_\_\_\_\_ Email: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(or parent/guardian if under age of 18)

**Signature Required Below Accepting Conditions of Enrolment**

**Conditions of Enrolment**

- Release of Liability and Assumption of Risk Waiver must be signed and dated in order to be eligible to take part in in-person classes.
- Teachers and schedules are subject to change due to unforeseen circumstances
- **There are no refunds except in the case of cancellation due to insufficient registration.**
- There is a \$20 registration fee payable on the initial registration in each school year.
- The School of Dance will contact the registrant to confirm registration, residence and communication details.
- Fees for the course selected are due in full at the time of registration.
- The School accepts payments by VISA, Mastercard, cheques, money-orders, and e-transfers.
- Monies returned from the bank for any reason are subject to a \$50 administration charge.
- The use of digital recording devices inside of The School, including cell phones with cameras and video capability, is strictly prohibited at all times.
- The School reserves the right to ask disruptive individuals to leave the premises and/or not to serve a customer.
- The School of Dance is not responsible for students before and after class nor responsible for lost items.
- I consent to the use of archival photographs and/or video footage of me/my student as part of the image bank and marketing of The School of Dance.

PRINT Student Name: \_\_\_\_\_ Email: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(or parent/guardian if under age of 18)

The School of Dance is committed to protecting personal information by following responsible information handling practices, in keeping with privacy laws. We collect and use personal data in order to better meet your service needs, to ensure the safety of our participants, for statistical purposes, to inform you about The School of Dance programme or service in which you are registered, to complete payment transactions and to satisfy government and regulatory obligations. You may also hear from us periodically about other The School of Dance programmes, services and opportunities that may interest and benefit you. We do not rent, sell or trade our mailing lists. If you wish to be removed from our email or mailing list, please contact The School's Administration at any time.



# The School of Dance General Information

**2022-23 Season: Monday, September 19, 2022 to Sunday, June 4, 2023**

**Term 1:** Monday, September 19, 2022 to Sunday, November 13, 2022

**Term 2:** Monday, November 14, 2022 to Sunday, December 18, 2022 **resumes** Monday, January 9, 2023 to Sunday, January 29, 2023

**Term 3:** Monday, January 30, 2023 to Sunday, March 12, 2023 **resumes** Monday, March 20 to Sunday, April 9, 2023

**Term 4:** Monday, April 10, 2023 to Sunday, June 4, 2023

**No Classes:** October 10 (Thanksgiving), December 18 – January 8 (Holiday Break), February 20 (Family Day),  
March 13 – 19 (March Break), April 7 – 10 (Easter), May 20 – 22 (Victoria Day Weekend)

**Students are welcome to pre-register for the FULL YEAR in advance by contacting Fern Villeneuve, Director of Client Services, at [fern@theschoolofdance.ca](mailto:fern@theschoolofdance.ca) for details.**

## What to Wear for Class

Students must arrive in their dance attire, hair done, shoes in hand; minimal extra items please. No dangling jewellery in classes.

- Ballet – Women: Most students wear a black leotard and pink or black tights. Other plain colours are acceptable. Students may wear a short wrap chiffon skirt. Pink ballet slippers. Hair neatly secured off the face and neck (e.g. bun).
- Ballet – Men: Most students wear a white or black t-shirt, black tights and black ballet slippers. Some adult male students prefer close fitting stretch shorts in black or a plain colour. A dance belt must be worn.
- Jazz /Lyrical – Women: Most students wear close-fitting stretch pants or shorts and a close-fitting top or a leotard and footless tights. Jazz shoes or ballet slippers. Hair neatly secured off the face and neck.
- Jazz/Lyrical – Men: Most students wear close-fitting stretch pants, footless tights or shorts and a close-fitting top. Jazz shoes or ballet slippers.
- Contemporary – Most students wear close-fitting stretch pants or shorts and a close-fitting top, with socks.
- Pilates Plus/Fall Proof: Close fitting comfortable clothing. Be sure to create a clear working space and a non-slippery floor.
- Hands of Time: Close fitting comfortable clothing with indoor shoes.

## Procedure for Entering and Exiting the Building

Every student must submit a signed waiver provided by The School of Dance prior to entering The School for their first class.

Prior to arriving at The School of Dance, we ask that all students fully prepare to dance. This entails having hair done, dance attire on underneath their street clothes, feet prepared for pointe work (if applicable), and dance shoes easily accessible in one bag to limit extra clothing items being brought into the dance space. This will make for an efficient transition of people entering and exiting the space. Lockers and dressing rooms will not be in use as the season begins.

Only registered students may enter the building to reduce cross-over contamination and to maintain appropriate social distancing requirements before and after scheduled class times. Class start and end times will be staggered whenever possible to limit the number of students in a common space at the same time. Students will continue to use the staircases in a designated directional flow.

All individuals will be screened at the entrance. Students will be allowed entry just prior to their class times and will be asked to leave quickly after their class is over. Classrooms are sanitized and reset so strict adherence to the schedules is a must.

Everyone must be masked to enter the building and during class.

Once inside, students will be asked to disinfect their hands. All outdoor belongings (shoes, jackets, dance bags, et cetera) will be taken by the student to the classroom and stored in a designated spot. Plastic bags will be available for shoes/boots as required; these bags will be taken home by the students for disposal.

Waiting areas are closed and students who are about to enter their class will stand at the space markers placed in the common areas to ensure two metre social distancing while in the halls.

Once students are able to enter the studio, they will go directly to their place at the barre, or their section in centre of the room. If a student needs to use the washroom/leave the studio for any reason, they must use hand disinfectant before re-entering the classroom.

Dancers must have their own equipment. Sharing of personal items including food and water bottles is strictly prohibited. A water bottle filling station is located on the first floor.

Parents/guardians are advised to wait with students until the designated drop off time outside of the building, and to meet their student outside the building after class at the designated time. Children's safe exiting of the building to a parent/guardian will be monitored by staff of The School.

The School of Dance will be locked.

All registration and general communications with The School will be done by email or phone.